

Preventive Care

Saint Francis Hospital is committed to providing the Charleston community with the medical care that they need and deserve. With Prime of Life, we encourage preventive care. Early detection and early treatment of disease will help prevent future complications.

Our goal is to make community members aware of the need to maintain their health and know their risk factors for diseases such as heart disease, diabetes, and cancers. Be aware of symptoms and find disease early, so that it can be treated successfully before developing complications.



Services offered:

- Prime of Life Screenings

See schedule inside or call 347-6507 to plan a time at your business or organization.

- Wellness at Work

A wellness program at your location that includes health screenings, risk assessments, and speakers on health related issues.

- Health Chat

Monthly educational conferences to discuss current health topics.



**333 Laidley Street
P.O. Box 471
Charleston, WV 25322**

**Phone: 304.347.6507
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E-mail: Maria.Rendinell@stfh.net**



Prime of Life



**Providing our community
the health education,
screening and care they
deserve.**

Prime of Life

The Prime of Life program was started in 1993 to benefit Charleston and the surrounding communities. The focus of Prime of Life is health promotion through screenings and education for adults ages 30-60, in the prime of their life, but everyone is welcome.

The routine screenings offered through Prime of Life are blood pressure readings and finger-stick glucose, free of charge. The following blood work is offered for \$10.00 each test; Lipid profile (cholesterol/triglycerides), PSA (Prostate Specific Antigen), TSH (Thyroid Stimulating Hormone), CBC (Complete Blood Count), Hgb A1C (average blood glucose for 3 months), and CMP (complete metabolic panel).

The results of all blood work are mailed directly to you, usually within 7-10 days of the screening. We will also mail the results to your attending physician at your request.

2010

Prime of Life events are scheduled in the hospital lobby from 7:30am —11am on the following dates;

Friday, January 22, 2010

Wednesday, March 10, 2010

Wednesday, April 21, 2010

Thursday, June 3, 2010

Wednesday, July 14, 2010

Thursday, September 2, 2010

Wednesday, October 13, 2010

Thursday, December 2, 2010

If you are interested in having health screenings at your location, please call Maria Rendinell at 347-6507.



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